



# MASS APPEAL

## NEWS FROM THE PEWS

May - July 2019



### WAS IT NECESSARY FOR CHRIST TO RISE AGAIN?

As we begin the Easter season, perhaps it is fitting that we review a question that has likely plagued many people. The angelic doctor St. Thomas Aquinas, in his seminal work, *Summa Theologiae*, treated the question: "Whether it was necessary for Christ to rise again?" (Third Part, Question 53, Article 1). Insofar as Christ did not need anything, especially to become one of us and do everything we know from history and Tradition including Scripture, we could answer, "no." But St. Thomas' answer is in the affirmative and he gives five reasons.

*1. For the commendation of divine justice. He notes that, in other words, it could be to fulfill what the Blessed Mother says in her Magnificat: "He has cast down the mighty from their thrones and has lifted up the lowly" (Luke 1:52).*

*2. To instruct us about his divinity. Only by the power of God can anyone rise from the dead. There is no more loving way to teach us this than by God in the person of Jesus Christ rising from the dead first*

*3. For the raising of our hope. One of the three theological virtues, hope is given to us by God to attain eternal happiness. St. Paul asks a question that challenges us to think: "Now if Christ is preached as raised from the dead, how can some of you say that there is no resurrection of the dead?" (1 Cor. 15:12)*

*4. To set in order the lives of the faithful. It is also the conclusion that we draw from St. Paul's challenging question: Christ's resurrection shows us that we too might be resurrected.*

*5. In order to complete the work of our salvation. It is not guaranteed. However, he has endured evil to deliver us from sin and death.*

This may seem very academic. St. Thomas was a learned man. He was also a man of great faith. While we do indeed need to reason with our intellect, he would likely agree that having already mentioned love and hope in this article, we also need faith. There was plenty of physical evidence for the Resurrection. We cannot believe it on such bases alone. God gives us faith for a reason, as the author of the letter to the Hebrews writes: "Now faith is the assurance of things hoped for, the conviction of things not seen". (Hebrews: 11:1)

### LOOK INSIDE!

On page 2, enjoy photos and stories of our Religious education students.

Enjoy the wonderful photos and story of Kelly Dunbar's "Night to Shine" on page 3.

Meet our graduating seniors. (page 4 and 5)

On page 5, learn about the new Medical Supplies project to support our parishioners' needs.

Read about the Knights of Columbus' fish fries on page 6, and how your contributions to the dinners were shared with our community.

Meet our newly baptized on page 4, and our new members on page 6.

And there's more — a delicious recipe, helpful baking tips, reflections from Casey Baumberger as she embarks on a career change, and many photos of our parish community throughout the newsletter.



### CONGRATULATIONS!



Jeremy

Gavin

Gavin Cory and Jeremy Shuler began their RCIA journey last fall. During the Easter Vigil they became one with us in our Catholic Faith when they received the Sacraments of Confirmation and Eucharist. Their faith journey, just as ours, is on going and never ending.

## RELIGIOUS EDUCATION

It has been a busy Spring for our Confirmation Prep teens! Not only did we have an over abundance of volunteers who worked hard to help at the K of C Lenten Fish Fry's, we also had our Spring Community Service Day on April 6. We assisted five of our parishioners with their yard and house work and stained the cemetery sign and fence at Holy Cross. Thank you to all of our hard working teens, adult volunteers and the Knights of Columbus for a successful year!



One of S.T.O.R.M.'s Service projects this year was to host a Mardi Gras Party for our Religious Education students. The EDGE youth, high school volunteers, and a few parents used their skills to plan and prepare for the party. Activities at the party included a candy walk, King Cake (cupcake) decorating, mask making, crafts, playing games and dancing.



Our S.T.O.R.M. students were happy to carry on two wonderful Lenten traditions this year. On Friday, April 12, they performed the Silhouette Stations of the Cross. Confirmation teens served the Lenten meal afterward. And on Friday, April 19, they performed the Choral Reading of the Passion. The students put in a lot of hard work preparing and performing in these activities. Our youth ministers and parish are continually grateful for our youth participation!

*-Melissa Kahler, Andrea Fisher, Nicole Cory*





## A TIME TO SHINE



Kelly Dunbar, a lifetime member and a welcoming fixture of St. Mary Holy-Cross Parish, recently attended an event in Ankeny on February 8. *Night to Shine* is a worldwide event sponsored by the

Tim Tebow Foundation. What is the *Night to Shine* event? It is an event designed for people like Kelly and her peers to experience a prom night like no other. Attendees make their appearance from a limo through a lit canopy onto a red carpet complete with paparazzi. They then enter a decorated hall where they are treated with having their hair and makeup done, flowers, food, music, and a night of dancing. Everything one needs for prom night topped off with a crown or tiara. Through the Tim Tebow Foundation, held at the Prairie Ridge Church, and the support of many business and individual volunteers, every attendee is given a chance to feel like a prom king or queen for the night. And who wouldn't want to have a chance to feel special and have a "Night to Shine"?



-Kris Sturtz

## CELEBRATE!

One of our Second Graders and five little ones received the Sacrament of Baptism at St. Mary's Church during February and March.

**Cayden James Drey** received this sacrament February 6. He is the son of Scott and Jenn Drey and brother of Colton (11). Godparents are Frank Bodine and Catherine Gates. Colton's grandparents are Keith Provin and Gail Drey and Jim and Sharon Novinger.

**Brooklyn Leigh Ogden's** baptism was February 9. She is the daughter of Laramie and Autumn Ogden and joins sister Mackenzie (4). Brooklyn's grandparents are Craig and LaVon Griffieon of Ankeny, Ralph and April Ogden of Salida, CO, and Mark and Charlotte Walker of Fairplay, CO. Her Godparents are Tyler and Jaimee Mollohan of Colorado.

**Aurora Jayne Morgan**, daughter of Joe and Jude Morgan, was baptized February 17. Her Godparents are Madeline and Colton Lindemann. Grandparents are Jayne Braun of West Des Moines, Steve Braun of Kansas City, KS, Debbie Morgan of Leon, IA and Donnie Thompson of Leon, IA. Aurora has an older sister Alexandria (4).

**Roslyn Rae Wells**, daughter of Tyler and Katie Wells, received this sacrament March 10. Godparents are Johnny Lukehart and Abby Belvin. Rosalyn's grandparents are Brian and Cindy Wells of Fonda, IA and Dan and Kathy Belvin of Sloan, IA.

**Sadie Louise Pottebaum** was baptized March 10. She is the daughter of Austin and Kaitlyn Pottebaum and joins sister Aubree. Sadie's Godparents are Derek Pottebaum and Kelsie Tucker. Her grandparents are Dave and Pam Pottebaum of Bondurant and Jeff and Kim Tucker of Mitchellville.

**Millie Rae Haefner**, daughter of Lindsey and Brett Haefner, was baptized March 24. Godparents are Jackye Bowlin and Cole Haefner. Millie's grandparents are Steve and Carrie Haefner of Ankeny, Ray and Jeanne Manternach of Cascade, IA and Kenny and Jill Ehlers of Monticello, IA.

- Sue White





## CONGRATULATIONS SENIORS!

### Kylie Cory

*Parents:* Jeff and Mary Cory

*School:* North Polk

*Post-Graduation plans:* Attend DMACC's nursing program.

*Favorite Memory:* Winning the Knights of Columbus barbecue grill drawing.



### Amber Halligan

*Parent:* Lori Halligan  
Chuck Halligan

*School:* Bondurant-Farrar

*Post-Graduation plans:* DMACC for child development

*Favorite Memory:* Second donations like Food Pantry and clothing drives to give back to people who have nothing.



### Amy Theulen

*Parents:* Jack and Jennifer Theulen

*School:* North Polk

*Post-Graduation plans:* Attending the University of Northern Iowa to major in Music Education and minor in Spanish.

*Favorite Memory:* Going to NCYC in 2017. I had A LOT of fun spending time with friends and learning about my faith!



### Emily Schmeiser

*Parents:* Lincoln and Staci Schmeiser

*School:* Bondurant-Farrar

*Post-Graduation plans:* DMACC for their Dental Hygienist program



### Alexander Montgomery

*Parents:* Jeremy and Kari Montgomery

*School:* Bondurant-Farrar

*Post-Graduation plans:* DMACC, major is undecided.



### Kayla Gass

*Parents:* Paul and Jamie Gass

*School:* North Polk

*Post-Graduation plans:* DMACC

*Favorite Memory:* Vacation Bible School.

*Favorite Bible Verse:* Philippians 4:13 I can do all this through him who gives me strength.



### Mikayla Markley

*Parents:* Coire and Nikki Markley

*School:* Collins-Maxwell

*Post-Graduation plans:* Attend DMACC to get business degree

*Favorite Bible Verse:* 1 Timothy 4:12, "Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith, and in purity."



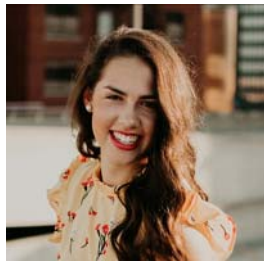
### Nora Aschoff

*Parents:* Jim and Suzy Aschoff

*School:* North Polk

*Post-Graduation plans:* I will attend the United States Air Force Academy and plan to major in astronautical engineering. In the future, I plan to be in the Air Force and help to design rockets and satellites.

*Favorite Memory:* Going to NCYC with our church group and growing so much in our faith and seeing all of the amazing people from across the country.



### Jack Fogarty

*Parents:* Dan and Sheri Fogarty

*School:* Bondurant-Farrar

*Post-Graduation plans:* DMACC

*Favorite Memory:* Talking to Bill Jorgensen and Mike Winders after Mass.





## CLASS of 2019!



### Julia Fisher

*Parents:* John and Andrea Fisher

*School:* North Polk

*Post-Graduation Plans:* I plan to work for my dad after graduation and attend DMACC. I will also continue to volunteer at St. Mary working with Edge and decorating the church.



*Favorite Memory:* It's hard to pick a favorite memory of growing up at SMHC because I have so many. If I had to pick one, it would be decorating the church for Easter. My second favorite is movie nights in the youth room.

### Parker Baumberger

Thomas Geren

Chad Ihnken

Tyler Johnson

Kyle Jones

Ashley Kahler

Connor Kinley

Erik Ledet

### Ryan Ledet

Thomas Ledet

Caleb Lomica

Meredith Mays

Luke McCoy

Sarah Stolte

Emma Wahlert

*Be the change that you want  
to see in the world!*



## BE INVOLVED!

The following is an article that Deacon Terry wrote for a recent bulletin.

The parish council, which has been somewhat dormant for the last couple years, has reconvened in an attempt to find a new sense of direction. The group is made up of the heads of various committees, councils, and active groups in our parish. At one of our recent meetings, various people were discussing what makes their job difficult or what they would like to change to make our parish more active, more vibrant. The one word that kept coming up in our discussions was the word "involved," or "involvement."

All department heads or heads of committees felt that our parish would be much better if we had more parishioner involvement within the various areas of our parish community. GOOD involvement would be parents making sure their children get to Sunday Mass by taking them there. Involvement in Sacraments and Adoration! Everyone's involvement in the role of lector, ministers of Eucharist, singers and instrument players for our liturgies. We need religious education teachers. I would like to see more involvement in adult faith activities that have been presented and should be presented. Involvement as ushers and greeters. The list goes on and on!

These are but a few of the MANY instances where more parishioner involvement would be beneficial to our parish. The more involvement in any and all activities that people gather for (Mass?) would add to the community building that is so important for any church.

## MEDICAL SUPPLIES ASSISTANCE



Our parish now has a lending library for medical equipment and supplies.

Do you need or can you lend to those in need, medical supplies such as canes, walkers, crutches, shower chairs, or back/wrist/shoulder braces? Items such as disposable adult underwear and never opened catheters are also appreciated. The Stewardship Committee is organizing a Medical Lending inventory and will arrange for pickup and delivery for our church family. What do you have or need that could save our parishioners money while healing?

Please email Kris Sturtz, [KLSturtz@gmail.com](mailto:KLSturtz@gmail.com) or phone/text her at 515-238-1362 for more information and to request or donate your items.

- Paula Sommers

## MISSIONARY VISIT

At Masses June 22/23, Sr. Nesta from the Sisters of the Immaculate Heart of Mary, Mother of Christ Nigeria, will be talking about the teaching, medical, pastoral and social work that the Sisters perform in Africa and other continents, focusing in particular on under privileged females. Today more than ever



their help is sought out not only in the African continent but other continents, including the United States.

## WELCOME OUR NEW MEMBERS!



Trish Morris lives in Des Moines and works for the State of Iowa College Aid program. In her spare time, she enjoys reading and travelling. Trish grew up in the Des Moines area and attended larger Churches most of her life. But she wanted something smaller and more personal which she found at St. Mary's through her parents.

SMHC members Jenna and Burke Overturff live in rural Maxwell with their daughters, Addison (4) and Averie (5 months). Jenna is a loan officer at Community Choice and Burke is a grain farmer. The girls attend preschool in Bondurant. Burke and Jenna both enjoy truck and tractor pulls and family time with their daughters. Though Burke is not Catholic, Jenna was a member of SMHC parish growing up. Her parents, Bill and Mary Rooney, attend Holy Cross. Jenna is happy to raise her own family in the Church she remembers well.



Maricia and Justin Miller moved from Lincoln, NE to Cambridge for work. Maricia is a credit processing assistant at John Deere Financial Credit and Justin is a fiber optics construction manager. Their daughter Reagan is eight months old. Maricia loves family time, travel, and pod casting. Justin likes hunting and sports, especially football, and follows the Chiefs. They both cheer for the Huskers. While Justin is not Catholic, they both find St. Mary's Church is a good fit for them. They like bringing up Reagan in a smaller faith community.

Dustin and Miranda Christensen live in Huxley close to their places of work. Dustin is a 4<sup>th</sup> grade teacher in the North Polk School district and Miranda is a PA at Unity Point Clinic in Huxley. They are expecting their first child in September. Miranda relaxes watching movies and reading. Dustin follows all sports, especially the Cyclones, and enjoys coaching football in the lower grade school. They like the small-town atmosphere of St. Mary's.



### SMHC PARISH GARDEN

The Friends of St. Francis and the Stewardship Committee are teaming up again for a parish garden. Tomatoes, zucchini, squash and peppers have been planted. The hope is to provide fresh produce to *The Blessing Box Food Pantry*, located at the Elkhart Christian Church, along with having produce available for our parishioners to enjoy. If you are interested in helping tend the garden this summer, please contact Tammi McClain at [tammimcclain71@gmail.com](mailto:tammimcclain71@gmail.com).



### TRY THESE BAKING TIPS

- When baking a box cake mix substitute milk for the water for a more homemade texture.
- Use 3-4 eggs instead of 2 for a richer flavor.
- Use melted butter in place of vegetable oil for a richer flavor.
- When making a chocolate cake use hot water to enhance the flavor.
- Add an additional 1 to 1 1/2 teaspoons vanilla to give your cake more flavor. Adding a teaspoon of almond flavoring also enhances the flavor of a vanilla cake mix.

### THREE LAYER BARS

#### **Bottom layer:**

- 4 C quick oatmeal
- 1 C melted margarine or butter
- 1 C brown sugar
- 1/2 C white sugar

Combine and press into greased cookie sheet. Bake 10-15 minutes at 350 degrees. Let cool.

#### **Middle layer:**

- 4 C heaping powdered sugar
  - 1 C margarine or butter
  - 6 T milk
  - 1- 6 oz. package instant vanilla pudding mix
- Combine powdered sugar and pudding mix. Melt butter with milk and pour over sugar and pudding mix. Combine. Spread over bottom layer.

#### **Top layer:**

- Melt together:
  - 1 C creamy peanut butter
  - 1- 8 oz. package milk chocolate chips
- Pour over top and spread.

Cut into small squares and enjoy!



## WALKING THROUGH FEAR

Yesterday, I quit my fulltime, well-paying, white-collar job to go work a part-time job that pays half of what I was making. The difference? I get to be happy and do what I love to do: teach others how to ride horses. Some of my family members think I screwed up my chances at a good life, my bosses from my old job think I'm crazy, friends told me I shouldn't be so "irresponsible". But this is all just society talking. I did what God wanted me to do, what God wants all of us to do: be happy.

The week leading up to quitting, I was experiencing so many coincidences (aka God Moments) in my life. I met several people who had just quit their jobs and have never been happier, two other people quit working for my Employer, a new friend I met is a retired career counselor, the daily readings I do, all talked about how courage is the ability to walk through fear. God was essentially yelling in my face "Casey! I want you to be happy, you need to leave your job!" So I took a deep breath, trusted it'll all be okay, and took the leap.

After quitting, I had a huge sense of relief, that proverbial weight came off my shoulders. An hour later, I was freaking out about not having enough money in my savings, wasting my savings on rent and never being able to go back to college so I'll be stuck in jobs I hate for the rest of my life and die alone in a box somewhere all because I quit this one job. I turned to my readings, my friends, my boyfriend, and reasoned things out with them. I took quiet time to pray, to meditate. And I wrote many gratitude lists for all the things I'm grateful for. These are all my ways of communicating with and building my relationship with my Higher Power. And you know what? It helped.

God wants us to be happy in life. That's it! The world we live in isn't concerned with what God wants, unfortunately, so often times when we follow what our Higher Power wants for us, we get resistance and backlash. We become full of fear about financial insecurities, what others will think of us, what we think we should do. The only thing we should do is follow our hearts. I'd encourage you to take a little inventory of your life: are you doing things that make you happy? They don't have to be big things, the small things are what make all the difference. What can you do to be happy today?

- Casey Baumberger



## KNIGHTS KORNER

The Knights of Columbus would like to thank everyone who helped with the fish fries this year. These meals may be sponsored and organized by the Knights of Columbus, but they are truly Parish events. We have a new record: 550 people were served meals on each of the 3 nights. These are great events because of the dedication by so many people. It is why so many people come from Ankeny and beyond to our church on a Friday night.

It is hard to believe that it will be Memorial Weekend in a few weeks, which means pancakes after Mass at Holy Cross that Sunday. The Knights have other activities going on as well, keep an eye on the bulletin for other events.

Earlier this year, we distributed much of the money raised last year:

**\$5,000 to our parish: Backflow preventers in the basement at St. Mary and in the Rectory, partial funding for future storm window project at Holy Cross, CYC Scholarships, Stewardship Committee program support.**

**\$700 to local Catholic support programs: Seminarian financial aid, InnerVisions Healthcare in Des Moines.**

**\$650 to the local Community: Agape Pregnancy Center, On With Life, The Blessing Box in Elkhart.**



## CHRISTIAN MOVIES

You can find good Christian movies in a number of places in addition to the theaters! Here are some ideas. Check out your local library (Ankeny's Kirkendall is very well-stocked), or PureFlix or even Netflix. Recently, I enjoyed 'God Bless the Broken Road' (Netflix) and from the library, 'Faith Like Potatoes' and 'Flywheel'.

- Beth Hart



## FRIENDS OF ST. FRANCIS ASK FOR YOUR ASSISTANCE!

We will be collecting the items below for the next few weeks to help with the urgent needs of Catholic Charities Refugee Resettlement Program. They've had high-volume arrivals for April and May; almost one fifth of the numbers expected for the entire year have arrived, or are expected to arrive, this month. Collection containers are available at both Churches. Any donation makes a positive difference! Thank you! Items needed:

- Twin, Full, Queen bedding - sheet sets, blankets, comforters
- New Pillows
- Laundry Detergent
- Dish-washing Liquid
- Toilet Paper
- Paper Towels
- All Purpose Cleaner



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A few of our youth and some bravely AWESOME volunteers went to an overnight lock-in in Ames. They played unlimited bowling, video games, lazer tag, pizza, snacks and way too many pitchers of pop. We got a few comments on what a great and inclusive group of young people we have at St. Mary-Holy Cross. Thank you to

the amazing parents and volunteers that sacrificed a good nights sleep for our young church.

-Andrea Fisher



Members of SMHC  
took time  
during the  
Lenten season  
to visit some  
of our special parish  
members.

