

Eucharistic Minister Training – Holy Cross

Do everything slowly and with reverence!

I. IMMEDIATE PREPARATION

1. Please be at the church 15 minutes beforehand.

II. COMING FORWARD

1. Please come forward during the Sign of Peace, not at the end. Come to the center aisle, in front of the first row of pews and bow to the altar. Go to the left side of the Altar. When Deacon Terry is at the altar at Mass, he will also be the cup minister; no other minister will be needed at this Mass.
2. After the Lamb of God has been sung, the priest presents the host to the host minister. That person will present the host to the musicians at the foot of the altar. All are to consume the host at the same time that the priest does.
3. The priest will offer the Sacred Cup to the Cup Minister who receives. The Cup Minister then offers the cup to the musicians and meets the server in front of the altar, if the server desires to receive the cup. The minister then proceeds to the center aisle beside the priest, to his right.

III. DISTRIBUTION OF COMMUNION

1. Host and cup ministers, look to see if there are people with walkers or wheelchairs and approach them to offer communion
2. When distributing the Body and/or Blood of Christ, **look the communicants in the eye. THIS IS A FAITH MOMENT**
3. After each communicant has received, the Cup Minister wipes the Sacred Cup with the purificator, turning the Sacred Cup before offering to the next communicant. Know how you will present the cup and how you want to receive it back. Be cautious of the young and frail; but not overly cautious.

IV. POST COMMUNION

1. The Cup Minister is to take the cup back to the side table and consume what remains or place the cup on the table and cover it.
2. The Cup Minister then goes to the center aisle, bows to the altar and returns to their pew.

V. Miscellaneous Notes

1. During communion do not turn people away. If there is a situation, inform Fr. Dan or Deacon Terry and they will quietly try to resolve the issue.
2. The Cup Minister is asked to wash the Sacred Cup after Mass.
3. The schedule indicates who is assigned as the Ministers of the Eucharist. Please find and secure a substitute if you are not able to attend at a time you are scheduled. You are encouraged to be considerate and flexible if someone asks you substitute for them.

To serve as a Eucharistic minister is an honor and blessing! You become an active part of the liturgy by helping the community to celebrate the Paschal Mystery of Christ to His people.

Please honor your scheduled times to serve by being on time and prepared. Be sure you have someone to take your place if you can not be there to serve the community.