



# St. Mary - Holy Cross Parish

460 NW Washington Avenue Elkhart Iowa 50073



## Keeping the Main Thing... the Main Thing

Mark 1:29-39

### Fifth Sunday in Ordinary Time

February 7, 2021

Dear Friends in Christ,

Part of the famous story of Job is recounted in the first reading for this Sunday. He speaks as someone who is experiencing misery in many ways and he sounds hopeless. It is a situation with which many people, especially in this challenging time, could empathize. The Gospel reminds us that even though God allows bad things to happen to good people, it does not mean that He does not empathize. Ultimately, there is no need to despair; Jesus clearly acquaints himself with our infirmities and oppression and makes us whole.

In consultation with the diocese, the following temporary solution regarding mask wearing for St. Mary/Holy Cross parish has been reached. An additional Mass at noon on Sundays will be offered for those individuals to whom an exemption applies (see the excerpt from the bishop below). This does NOT mean that the mask mandate is currently rescinded. It also does not mean that anyone with an exemption is necessarily barred from attending a different Mass time. It is certainly not an attempt to "exile" anyone. Rather, it is an attempt to facilitate respect for those who are anxious about others not wearing masks around them (and perhaps vice versa). As a reminder, the aforementioned excerpt from the bishop's own statement about the mandate follows:

This diocesan requirement applies to all those over the age of five, who do not have a medical or psychological condition prohibiting mask use. A personal preference opposed to mask use, or the belief that masks are not effective, does not qualify as a condition exempting one from mask use. If parishioners are unsure whether an exemption applies to them, they should consult with their pastor who can assist in discernment.

Please pray for a swift end to this scourge on our society, culture, and, most important, the communal worship of the one true God!

As I type this, according to the most recent report from the diocese, we surpassed our goal for the Annual Diocesan Appeal. This means that however much we went over the goal and when the outstanding pledges are fulfilled, those amounts are returned to the parish.

Sponsor couple training will be offered on February 20 at St. Pius X in Urbandale and online. Please contact me if you are interested in serving as a sponsor couple for those preparing for marriage and would like more information about the training.

~ Fr. Andrew

### Parish Information

<b>Parish Phone</b>	515-367-2685
<b>Fr. Andrew Windschitl</b>	515-367-2685
<b>Parish General Email</b>	smhc@saintmaryhc.org
<b>Parish Fax</b>	515-367-7028
<b>Parish Web Site</b>	www.saintmaryhc.org
<b>Parish Facebook Site</b>	St. Mary's Holy Cross Parish-Elkhart
<b>Fr. Andrew Windschitl</b>	Fr.Andrew@saintmaryhc.org
<b>Sarah Baumberger - Bookkeeper</b>	sbaumberger@saintmaryhc.org
<b>Nicole Cory - Confirmation</b>	ncory@saintmaryhc.org
<b>Andrea Fisher - 7th-12th Ministry</b>	afisher@saintmaryhc.org
<b>Melissa Kahler - 7th-12th Ministry</b>	mkahler@saintmaryhc.org
<b>Barb Liske - Secretary</b>	bliske@saintmaryhc.org
<b>Geneveve Loraditch - PreK-6 RE</b>	gloraditch@saintmaryhc.org
<b>Tracy Miller - PreK-6 RE</b>	tmiller@saintmaryhc.org
<b>Sue Schmidt - Music</b>	sschmidt@saintmaryhc.org

<b>Mass Schedule</b>	Tuesday	6:00pm	St. Mary
	Wednesday	5:30pm	Holy Cross
	Thursday	8:00am	St. Mary
	First Friday	9:00am	St. Mary
	Saturday	5:00pm	St. Mary
	Sunday	8:00am	Holy Cross
		10:00am	St. Mary

**Reconciliation:** Saturdays 4:00-4:30pm in **Cry Room**, or by appointment with Fr. Andrew.

**Baptism:** Contact Fr. Andrew for a preparation program

**Marriage:** Contact Fr. Andrew at least six months prior to the proposed wedding date.

**Priesthood and Religious Life:** See Diocesan website at <http://www.vocationsonline.org>.

## Mass and Adoration

### Tuesday, February 9

6:00pm St. Mary †Gene Manley  
~ followed by Adoration

### Wednesday, February 10

5:30pm Holy Cross †Jean Dunlay

### Thursday, February 11

8:00am St. Mary †Doris Olson

### Saturday, February 13

5:00pm St. Mary †Cecilia Morton & son Mike

### Sunday, February 14

8:00am Holy Cross †Lyle Carpenter  
10:00am St. Mary For the Parish

## Are You New To Our Parish?



We welcome you to our family of St. Mary-Holy Cross and invite you to become a member of our parish! Please fill out a registration card found in the vestibule of St. Mary or Holy Cross or on our website. We are glad you are here!

## Masks Required at Mass

Bishop Joensen requires masks to be worn by everyone (unless medically exempt) at all Masses in every parish. This shows our love for others by protecting them. Our faith calls us to be Good Samaritans and to be mindful of the common good. **For Diocesan updates, resources and livestream Masses, please go to <https://www.dmdiocese.org/resources/worship/coronavirus>.**

## Ash Wednesday



We begin our Lenten journey Wednesday, February 17. Our Masses are 8:00am and 6:30pm at St. Mary.

*The method of blessing and distributing ashes for 2021:*

- The celebrant blesses the ashes with the formula from the Missal. He then sprinkles the ashes with holy water (saying nothing further).
- He then says once for all the formula of imposition: "Repent, and believe in the Gospel", or "Remember that you are dust, and to dust you shall return."
- He then sanitizes his hands, puts a mask on and distributes the ashes in the following manner
- Congregation stays in their place and Father will come around to them in the same manner as for Communion.
- He says nothing further while distributing ashes.

The ashes are sprinkled on the top of the head, "left to fall" or "scattered" as the original text says; they are not imposed on the forehead with the thumb.

— **We are in need of Lectors and Ushers for these Masses.** Please contact the Parish Office to volunteer.

## Stations of the Cross and Possible Fellowship



We will pray the Stations of the Cross Fridays during Lent, 6:00pm at St. Mary (*masks & social distancing*).

If volunteers come forward, we will have a meatless meal following the Stations on February 26, March 12 and 26. Fish Fry Fridays are February 19, March 5 and 19.

We are also in need of volunteers to lead the Stations.

A sign up is in the vestibule at St. Mary or contact the Parish Office to volunteer.

## A Prayer for Inner Peace

Lord, please put Your peace in my heart.  
I'm worried and anxious.  
My mind races and obsesses.  
I can't help thinking about my problems.  
And the more I think about them,  
the more depressed I become.  
I feel like I'm sinking down in quicksand  
and can't get out.  
Calm me, Lord.  
Slow me down, put Your peace in my heart.

No matter what problem I have, Lord,  
You are bigger,  
You are more powerful than it is.  
So I bring my problem to You.  
I know what I want. I know my will.  
I do not know Yours.  
I do not know how You will use this problem  
for my salvation.  
I do not know what good You will workout  
from this evil.  
But I trust You.  
I trust Your goodness and Your wisdom.  
So I place myself in Your hands.  
Please fill my heart with peace. Amen.

~ Author Unknown

### Stewardship Committee

Meeting: February 8, 6:00pm, Social Hall

### Finance Council

Meeting: February 16, 6:30pm, Social Hall

### Knights of Columbus

Virtual Meeting: February 21, 7:00pm

### Parish Council

Meeting: February 23, 6:30pm, Social Hall



**For Pastoral assistance, please contact Fr. Andrew at 515-367-2685 or [Fr.Andrew@saintmaryhc.org](mailto:Fr.Andrew@saintmaryhc.org).**

## Lenten Scripture Study

You are invited to gather with us to pray over and discuss the upcoming Sunday readings. We will meet on Wednesdays during Lent (except Ash Wednesday) in the office area, at 6:30pm for about an hour. Please bring a bible. *We will social distance and please wear your mask.* This might be offered online; we are currently checking in to that.

## Offering Envelopes for Children

These envelopes are available in the vestibule of St. Mary and in the entryway of Holy Cross. Children are encouraged to take an envelope packet, and on the paper provided, write their name by the number of the packet they have taken. We thank our young people for their support of the parish!



## Snow Removal at St. Mary

Thank you to everyone who has pitched in and helped! Could you help out on the weekend and/or during the week? See <https://www.signupgenius.com/go/409094ea4a722a2fb6-snow> to sign up. Thank you! Please contact Bill Schmitt, 515-291-8005, for more information.

## Religious Education

### Preschool - 6th Grade Coordinators

Geneveve Loraditch, [gloraditch@saintmaryhc.org](mailto:gloraditch@saintmaryhc.org), 515-556-4150  
Tracy Miller, [tmiller@saintmaryhc.org](mailto:tmiller@saintmaryhc.org), 515-520-7981

We had a beautiful Candlemas celebration at Mass last Tuesday. Candlemas celebrates the Feast of Presentation in the Temple. It is a proclamation of Christ — Messiah and Priest, Lord and Savior. He is the light who came into this world to dispel sin and darkness. For this reason, traditionally at least since the seventh century, candles have been blessed at Mass on this day that will be used throughout the year, hence coining the term "Candlemas."

We have extra candles that Father blessed at that Mass. If your family would like one, please let us know.

February 9/10: Regular Session

February 16/17: *No sessions, please attend*

*Ash Wednesday Mass with your family.*

February 23/24: Regular Session

February 23- *First Communion Enrollment Mass, 6pm*

## S.T.O.R.M. Report

### Grades 7-12 Coordinators

Melissa Kahler, [mkahler@saintmaryhc.org](mailto:mkahler@saintmaryhc.org), 515-290-2830

Andrea Fisher, [afisher@saintmaryhc.org](mailto:afisher@saintmaryhc.org), 515-240-5059

### Grades 9 & 10, Confirmation Coordinator

Nicole Cory, [ncory@saintmaryhc.org](mailto:ncory@saintmaryhc.org), 515-313-3014

**Masks are required to be worn per the instructions from the diocese (unless medically exempt).**

### EDGE Session, Feb. 10, 6:00-7:30pm

**Feb. 17 EDGE, attend Ash Wednesday Mass with family**  
*No EDGE Feb. 24*

### Youth Group Gathering: Feb. 10, 7:30-9:00pm

*No gathering Feb. 17, attend Ash Wednesday Mass with family*

*No gathering Feb. 24*

### Purpose (Confirmation Program)

Wednesday, February 24, 6:00 - 8:00pm: Confirmation Session, Social Hall at St Mary

If your 10th grader didn't turn in their Saint Display in January, please have them bring it to our February session.

Family learning packets went home at our January session and are due back on February 24. Please watch your emails for makeup information and digital copies.



### Prayer Chain

If illness or a crisis strikes your family or friends, please don't hesitate to contact us so members of our Parish may offer prayers for those in need. For requests or to participate in our Prayer Chain, please contact Barb, [bliske@saintmaryhc.org](mailto:bliske@saintmaryhc.org) / 515-367-2685. *If the request is not for you, please ask permission of the one it is for to be on our prayer chain.*

### Winter Weather Cancellations



If North Polk School is in session and cancel, dismiss early, or cancel evening activities due to weather, events here at the parish are cancelled. In most instances, Masses - both daily and weekend - will not be cancelled, so please use your own judgment. If we need to cancel weekend activities it will be on the three major TV networks and WHO radio.

## PARISH COUNCIL MEMBERS

Doug Jones, *Chair* - [djones@bossard.com](mailto:djones@bossard.com)  
John Fisher - [Johnfisher@sienafastener.com](mailto:Johnfisher@sienafastener.com)  
Tim Loraditch - [Tloraditch@gmail.com](mailto:Tloraditch@gmail.com)  
John Roberts - [jroberts@huxcomm.net](mailto:jroberts@huxcomm.net)  
Stacey Rooney - [Rooneyslg17@gmail.com](mailto:Rooneyslg17@gmail.com)

## FINANCE COUNCIL MEMBERS

Heidi Ackerman, *Co-President* - [heidimdittmer@gmail.com](mailto:heidimdittmer@gmail.com)  
Sue Tollefson, *Co-President* - [suet@iowacubs.com](mailto:suet@iowacubs.com)  
Larry Davis - [larryedavis57@gmail.com](mailto:larryedavis57@gmail.com)  
Diane Gannon - [ddkgannon@gmail.com](mailto:ddkgannon@gmail.com)  
Doug Jones - [djones@bossard.com](mailto:djones@bossard.com)  
Laurie Phelan - [Laurie.c.Phelan@gmail.com](mailto:Laurie.c.Phelan@gmail.com)

## STEWARDSHIP COMMITTEE MEMBERS

Arlene Anderson - [arlene@4andersons.com](mailto:arlene@4andersons.com)  
Jacki Ausman - [jackiausman@gmail.com](mailto:jackiausman@gmail.com)  
Beth Hart - [mrsmatthart@gmail.com](mailto:mrsmatthart@gmail.com)  
Kelly Hoffmeier - [nkhoff@msn.com](mailto:nkhoff@msn.com)  
Tammi McClain - [tammimcclain71@gmail.com](mailto:tammimcclain71@gmail.com)  
Kathy Petersen - [katherine@huxcomm.net](mailto:katherine@huxcomm.net)  
Kris Sturtz - [klsturtz@gmail.com](mailto:klsturtz@gmail.com)  
Sue White - [charylmyron@q.com](mailto:charylmyron@q.com)  
John Zidon - [jzidon@msn.com](mailto:jzidon@msn.com)

## CEMETERY COMMITTEE MEMBERS

Laurie Phelan, *Chair* - [Laurie.c.Phelan@gmail.com](mailto:Laurie.c.Phelan@gmail.com)  
Karen Bellis - [puzzlenuts@aol.com](mailto:puzzlenuts@aol.com)  
Pat Bishop - [pjbishop@midiaowa.net](mailto:pjbishop@midiaowa.net)  
Lowell Crouse - [l3jl@windstream.net](mailto:l3jl@windstream.net)  
John Freeman - [johnfmingo@hotmail.com](mailto:johnfmingo@hotmail.com)  
Tracy Irwin - [irwin@partnercom.net](mailto:irwin@partnercom.net)  
Lynn Schreurs - [lschreurs@msn.com](mailto:lschreurs@msn.com)  
Larry Shaw - [shawcattle13@gmail.com](mailto:shawcattle13@gmail.com)  
Mike and Mary Winders - [Mwinde59@yahoo.com](mailto:Mwinde59@yahoo.com)

## PARISH TRUSTEES

Sheri Fogarty - [fogarty929@gmail.com](mailto:fogarty929@gmail.com)  
Doug Jones - [djones@bossard.com](mailto:djones@bossard.com)

## PARISH AMBASSADOR TO CATHOLIC CHARITIES

Mike and Mary Winders - [Mwinde59@yahoo.com](mailto:Mwinde59@yahoo.com)

## Weekly Collection Financial Update

	Received	Budget	
Tithes/Plate/	\$ 918	\$4,860	January 24
Youth/Bldg. Fund	\$6,805	\$4,860	January 31

### Year to Date Tithes/Plate/Youth/Bldg. Fund

Received	Budget	Last Year
\$173,827	\$150,660	\$188,037

If you would like a year end statement, please email Sarah at [sbaumberger@saintmaryhc.org](mailto:sbaumberger@saintmaryhc.org) or contact the office, 515-367-2685 with a request to print and mail (or email) a statement to you.

## 2020 Annual Diocesan Appeal

Parish Goal	Payments	Outstanding Pledges	Refund
\$47,078*	\$47,502	\$450	\$424

\* Adjusted goal due to 5% reduction by Diocese.

Considering switching over to automatic withdrawal from your bank account for your tithing? Please contact Sarah Baumberger, [sbaumberger@saintmaryhc.org](mailto:sbaumberger@saintmaryhc.org), for additional information or find the form in the vestibule or on our website's home page, <https://www.saintmaryhc.org/>.



# Lenten Resources

*A brief description of Lenten reflection booklets are below; they will be available next weekend.*

## Little Black Book

Each day, one page will walk you through the Gospel, a few verses at a time with explanations and reflections along the way. This practice of prayer is peaceful. The other page has a variety of quotes, information, timely thoughts, and will look at the at the cross, the main symbol of our Faith. Simply let God speak to you through the words, guiding you to reflections that sometimes seem to come from nowhere. It can change your day...change your life. This book begins the Sunday before Ash Wednesday to give you three days to get ready for Lent.

## A New Kind of Hope

*For Families*

Amid the forced changes, difficult choices, and losses of the past year, your family is invited to discover hope as you listen for the calming voice of God in the chaos. Lent is not only a time of ashes and giving up; it's a time to break away from routines and do what God calls us to do all year: pray, turn away from sin and share our blessings with others. A time to cast off what is physically and spiritually unhealthy, to become more attuned to God's presence and Christ's saving, powerful love for us. This booklet will help your family deepen your experience of Lent so you can experience Easter with more joy, peace, and hope than ever.

## Lent: Why These Days Are Different

*Activity Booklet For Children*

This booklet of stories and activities for Lent begins with a short exploration of the great east of Passover, the forerunner of the greatest feast of the Christian year: Easter! Day by day children explore why and how the days of Lent are different from all other days of the year. The daily activities help children learn how to make choices that reflect that difference every day of their Christian lives. Appealing artwork, engaging puzzles, and inviting writing and drawing games round out the countdown!

## Not by Bread Alone

This offers rich nourishment for our desert bound days. Using stories and examples that open both heart and mind, showing us the way toward the resurrection, reminding that transformation is always possible in Christ. Prayerfully journey through Lent with fresh and meaningful reflections on the daily Mass readings that can deepen your experience of this solemn season of prayer to prepare you to participate more fully in the joy of the great Easter mystery.



## The Word Among Us

*Behold The Lamb of God*

Daily meditations and inspirational features to help you to deepen your love for and understanding of Jesus' sacrifice on the cross. If by the end of this Lenten Season, you know Jesus' unconditional forgiveness a bit more deeply, then you have experienced his merciful power. God is completely committed to you. Jesus freely chose to die for us. This book can help you be transformed by the crucified and risen Christ who shed his blood for us.

## Parish Lenten Opportunities

**Mass and Adoration:** Tuesdays, 6:00pm, St. Mary (followed by Adoration); Wednesdays, 5:30pm, Holy Cross; Thursdays, 8:00am, St. Mary, and First Friday (March 5), 9:00am, St. Mary (followed by Adoration & Reconciliation).

**Lenten Scripture Study:** We gather to pray over and discuss the upcoming Sunday readings. We meet on Wednesdays of Lent (except Ash Wednesday), in the office area at 6:30pm for about an hour. Please bring a Bible. *This might be offered online; we are currently checking in to that.*

**Stations of the Cross:** This is a devotional prayer practice that reflects on the Passion and Death of Jesus using artistic representations, accompanied by prayerful reflections. The tradition as it is today began with St. Francis of Assisi. We pray these Stations on Fridays, 6:00pm at St. Mary. *We will have a meal after Stations on February 26, March 12 & 26 if volunteers come forward to host.*

**Sacrament of Reconciliation:** Saturdays, 4:00-4:30pm in the cry room at St. Mary or by appointment with Fr. Andrew. Reconciliation is also offered during Adoration after 9:00am First Friday Mass on March 5. It is unknown at this time if we are able to have a communal Reconciliation Service.

# Fish Fry Fridays

## Knights of Columbus

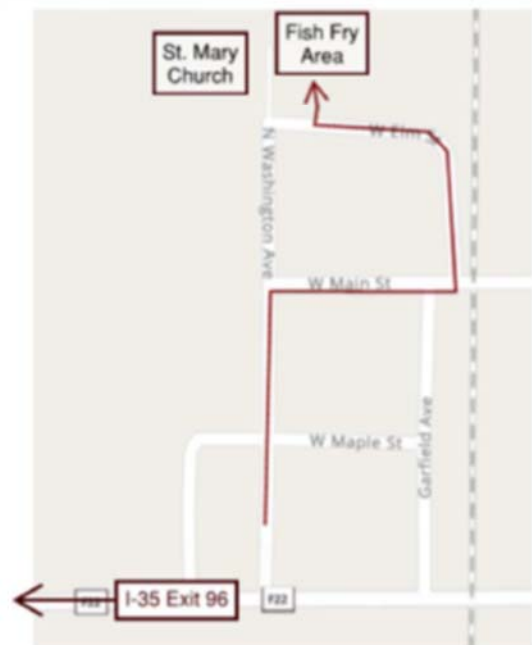
St. Mary's Catholic Church  
460 NW Washington  
Elkhart, Iowa 50073

February 19, March 5 & 19

5:00 pm to 7:00 pm

Price: Free Will Offering

Drive-through only



### Menu:

Choice between: Fried Tilapia -or- Baked Cod

Each meal includes:

Baked Potato, Sweet Corn, Coleslaw,

Macaroni and Cheese, Dinner Roll

Provide your own: beverages, table service, napkins, and sweet treats

## Jesus Asks Us to Feed the Hungry

Our parish has been preparing a meal for the families at the shelter on the second Sunday of each month for a couple of decades. We are in need of volunteers for June, July and December 2021. One or more families can volunteer to prepare and deliver a meal. Covid precautions are taken; meal providers do not enter the shelter and masks are to be worn. Volunteers can pay for the meal themselves, be reimbursed by the parish, or receive a Gift-In-Kind receipt for a tax deduction. Please share your love with some families who are experiencing unexpected and dire changes to their lives. To volunteer or to find out more, please contact Lisa or Tim Kautza at [kautza@netins.net](mailto:kautza@netins.net) or 515-964-7687.

## Radix

This is a three-day weekend retreat for high school seniors to step out of the hectic nature of their last semester for a relaxing and prayerful experience that prepares them to be more fully rooted in Christ as they go forth from the lives they've come to know so well. Seniors will be given the chance to focus on the foundations of our faith and ways to nourish those that lead them to a deeper love with Jesus Christ, while destroying those that are not. Registration is available for this March 5 – 7 retreat at St. Thomas More Center from 5:30pm on Friday and ending at 4:00pm on Sunday. All necessary COVID protocol will be followed during this retreat. Go to [www.dmdiocese.org/Radix](http://www.dmdiocese.org/Radix) to register/more information. Financial assistance is available.

## Catholic Youth Camp

Registration is OPEN and spots are filling fast! The staff at Catholic Youth Camp are busy planning to make this summer the most amazing summer ever! Campers driving up to the St. Thomas More Center in Panora this June, July and August will find new cabins, a renovated Dingman Lodge and double the number of paid summer staff hired to ensure safety procedures are followed so everyone can have a safe experience.

*When you sign up early for CYC this summer you get:*

- + Your choice of any week—before any of the most popular weeks fill up.
- + You can pay over 6 months! This is a good option for parents sending multiple kids.
- + Knowing your son or daughter is about to experience the best week of their summer at Catholic Youth Camp!

For information on how to register, go to [stmcenter.com](http://stmcenter.com).

*Our Parish will contribute \$100 of the fee to CYC for each child of our parish who attends. Please notify Barb in the office when you have registered your child.*

## The Third Option

This is a marriage enrichment ministry, which meets the second and fourth Mondays of the month. Strengthen your marriage by joining us from 7:00-9:00pm at All Saints Church, 650 NE 52nd Ave. in Des Moines. Questions? Contact Adam Storey at [astorey@dmdiocese.org](mailto:astorey@dmdiocese.org).

## Counseling Available

Catholic Charities has licensed, professional therapists working with clients of all faiths and backgrounds who are addressing depression, anxiety, stress, marital issues, relationship problems, child behavior problems, trauma, abuse and more. Therapy is available in Des Moines and Ankeny. Set up an appointment by calling 515-237-5045 or emailing [sfister@catholiccharitiesdm.org](mailto:sfister@catholiccharitiesdm.org).



More than 1 million plastic bags end up in the trash every minute.

## Thank You's!

On behalf of the entire St. Mary - Holy Cross Parish, the Parish Council would like to recognize Dave Pottebaum for his participation, guidance and leadership in the Parish Finance Council. Dave finished serving as Finance Council President at the end of 2020. Under Dave's leadership the Finance Council has converted to an asset-based accounting system, overseen transitions in accounting staff along with helping the Parish to obtain and maintain financial stability.

### Thank You Dave Pottebaum!

Thank you to those who donated to the First Communion Bible Fundraiser. All the Bibles have been sponsored. We are so humbled by our parishioners' generosity and willingness to support our children. If you would like to pray for one of these children, we have bookmarks on a board in the vestibule. Please take one and continue to hold that child in prayer. ~ Tracy Miller and Geneveve Loraditch

**Blood Drive:** Our January 28, 2021 Pint-for-a-Pint blood drive collected 35 blood products which will sustain or save 108 lives. We had 1 first-time donor. Thank you to the following who came to donate and/or volunteered at the drive: Nicole Cory and our Confirmation students, Doug Heger, Mary Ward, Glenda Oberender, Jack McDermott, Pat Hand, Janet Stewart, Karen Stafford, Lisa Fullerton, JoAnn Meusburger, Sharon Adams, Lori Churchill, Roger Bender, Dawn Beukema, Cassie Hollingshead, Kalee O'Connor, Janean Struthers, Patricia Thomas, David Thomas, Bill Schmitt, Sue Schmidt, Olivia Jones, Rodger Cummings, John Bair, Pam Fopma, Angie Gilligan, Ashley Segal, Kathy Petersen, Judy Sesker, Doug Jones, Jill Swanson, Jean Miller, Craig Ellyson, Tim and Lisa Kautza, Kathy Daup, Michael Boyd, Susan Pratt, and Dona Cowman.

**To schedule an appointment (required, no walk-ins) for our May 27, 2021 (3:00 – 7:00pm)** drive either sign-up on the bulletin board in the vestibule at St. Mary Church or, visit [www.lifeservebloodcenter.org/](http://www.lifeservebloodcenter.org/). If you have difficulties or questions, please call LifeServe Blood Center 800-287-4903 and tell them you wish to sign up to donate at the Elkhart Community Blood Drive May 27. **Volunteers and treats** for the canteen **are also needed**. Please contact Lisa and Tim Kautza if you can help (515.964.7687 or [kautza@netins.net](mailto:kautza@netins.net)).

Slow down and enjoy the journey of life.

## Readings and Questions for Faith Sharing

### Fifth Sunday in Ordinary Time, February 7

*Theme: Let us preach the good news to all!*

*Reading I:* Job 7:1-4, 6-7 • My life is like the wind.

*Reading II:* 1 Corinthians 9:16-19, 22-23 • I am all things for all people, for the sake of the Gospel.

*Gospel:* Mark 1:29-39 • He went to a lonely place to pray.

*For Children:* What can you do to help your friends and classmates know more about Jesus?

*For Youth:* Jesus knew that his mission was for everyone, not just one village or group of people. How can you reach out to others (outside of friends and family) and offer them hope and Good News?

*For Adults:* If you were going to pray for healing for any reason, what would it be? What needs to be healed in our world and society?