

Behold the Lamb 6

While we all know well with our heads all the teaching about God's love and care for us, for many it remains a real challenge to trust with all our hearts. Some are even afraid of God as someone who keeps track of their every fault and failing, and will eventually "get them" for them, or at least stop giving them anything good, like even life itself. This kind of fear of God, and its related anxiousness about the uncertainty about life itself, easily lead to all kinds of efforts to calm and comfort ourselves, and to seek a 'firmer grip' on things than the religious refrain to *simply trust in God* provides. We can seek calm and comfort from things that do us more harm than good, all the way from unhealthy food to unhealthy relationships; we can seek a 'firmer grip' on things by trying to control and manipulate people, circumstances, and situations, even using force in its many forms to get our way. As noted in ***Behold the Lamb 5***, this kind of fear, and all it leads to, can be called the *sinful state*, the *sin of the world*, Jesus came to take away. But how?

Please let us know what else about our faith tradition you'd like to find out more about.
Contact Fr. Dan Krettek at dkrettek@saintmaryhc.org.