



MASS APPEAL

NEWS FROM THE PEWS

February - May 2014

Volume 1, Issue 5



BAPTISMS

Sophie Marie, daughter of Adam and Melissa Veasman, was baptized on December 1, 2013.

Kendall Frances, daughter of Trevor Sohn and Kristen Smart, was baptized on December 1, 2013.

Aubrey Anna, daughter of Zachary and Ashley Conover, was baptized on January 18, 2014.



MARK YOUR CALENDAR

(All events at St. Mary unless noted otherwise)

Rediscover Catholicism, small group book discussion: Saturdays now through March 22, 3:45PM to 4:45PM

Mardi Gras celebration: Sat., March 1, 6PM to 7:30PM

Ash Wednesday: March 5, Masses at 8AM and 6:30PM

Stations of the Cross followed by Lenten meal: Every Friday during Lent, (check bulletin for time)

Eucharistic Adoration: Thursdays, March 20 and May 15, 7PM

Clothing Drive: April 2-14

Lenten Reconciliation Service: Sunday, March 30, 2PM

Holy Thursday: April 17, Mass of the Lord's Supper, 7PM, followed by Adoration until 11PM

Good Friday: April 18, Stations of the Cross and Veneration of the Cross, 3PM Holy Cross Church; Good Friday Service, 7PM St. Mary

Holy Saturday: April 19, Easter Vigil Mass, 8PM

Easter Sunday: April 29, Mass at 8AM at Holy Cross, and 10AM at St. Mary

Senior Citizen Breakfast: Friday, May 2, following 8AM Mass

New Members Brunch: Sunday, May 4, following 10AM Mass



POPE FRANCIS ENJOYS SMHC MINISTRY FAIR!



RELIGIOUS EDUCATION NEWS

The Religious Education students have been learning about the Ten Commandments during our group opening time. On April 6th and April 9th during Religious Education class time, we will be holding a Ten Commandments Fair in the Education Center. Each class will have completed a project of their choice (posters, skits, videos, etc.) and will have it displayed for parishioners to view. Please plan on stopping by and seeing the children's project.

Other activities that the R.E. students will be participating in are:

March 1--Children assisting with Liturgical Ministries at 5PM Mass

March 1--Mardi Gras Celebration (entire parish is invited)

March 7--5th and 6th grade students will lead Stations of the Cross and assist the Knights of Columbus with their Fish Fry

Spring Break--Movie night, Monday, March 17th, 6:30PM in the Ed Center

April 6th & 9th during R.E. class times--Ten Commandments Fair

April 27th--First Eucharist Liturgy, 2PM

May 4th & 7th--last R.E. classes of the school year



LEARN ABOUT OUR LITURGY COMMITTEE

The recently formed Liturgy Committee is asking for your input about the way liturgy is celebrated in the parish community of St. Mary-Holy Cross. Liturgy forms the basis for establishing a relationship with God, as well as with other participants. We, the committee, want the liturgy to be spiritual, first of all, but also uplifting, engaging, inviting, sacred, and communal. Liturgy includes all that we see, hear, participate in, do, and experience within the church building, but also in our lived life.

Our first collective attempt at a different liturgical venue was the Advent group involving the young of our parish playing the roles of Joseph, Mary, the shepherds, and the Magi as they "journeyed" through the church preceding Mass. Different, yet sacramental and engaging.

Remembering Martin Luther King at Masses on January 18th and 19th was also the undertaking of the Liturgy Committee. The hope was that the recorded speech by Reverend King, along with the sung music and related homily, would connect with people in attendance in a different way than is usually experienced in the Catholic Church. It was hoped to be a liturgical experience that people would find challenging and engaging.

You are invited to speak with Celeste Muehlenthaler, celestemu@msn.com or members Jacki and Tom Ausman, Theresa Hamm, Susan Meenan, or Deacon Terry Schleisman about thoughts, ideas, opinions, and perspectives.

MARDI GRAS PARTY

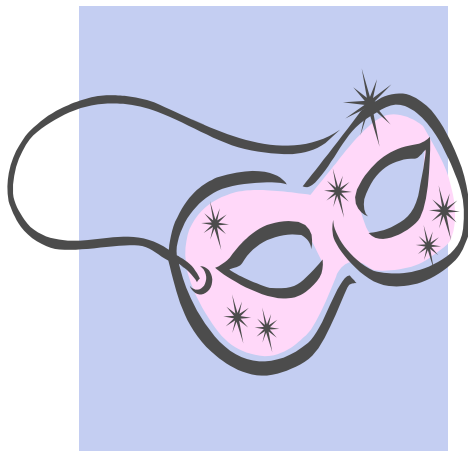
Saturday, March 1

after 5PM Mass

Food!

Fun!

Games!!



KID TALK

When we find it difficult to live as Jesus taught us, what should we do?

- Patrick age 7: Pray
- Marissa age 6: Pray
- Stephen age 8: Take a break
- Maggie age 8: Sit down and think

Of the three Commandments that we have learned about so far, which one do you think is the most important?

- Avery age 9: Commandment #1-- God created me and I should like him back.
- Elizabeth age 8: Commandment #1-- You should appreciate that God is God.
- Tim age 9: Commandment #2-- You shouldn't say bad things about God--he made you.
- Zjahna age 9: Commandment #3-- It's the day the Lord rested. It's the day you shouldn't work. It's God's day!



BIBLE TRIVIA

The Ten Commandments are recorded in two books of the Bible. Do you know which books?

- A. Exodus and Genesis
- B. Deuteronomy and Leviticus
- C. Deuteronomy and Numbers
- D. Exodus and Deuteronomy

(Answer found in this newsletter)



BOOKS CHANGE OUR LIVES!

What we read today walks and talks with us tomorrow, so in some ways we become what we read. We hope that you are enjoying reading **Rediscover Catholicism**, the book you received from the Parish at the Christmas Masses. We invite you to join us in a small group book discussion hosted by Deacon Terry and Peter Relyea on Saturdays now through March 22 from 3:45-4:45PM. Join us for any of the sessions. We hope you take this opportunity to meet with your fellow parishioners and share in what you've learned from this thought-provoking book. Less than 1% of Catholics in the United States read a Catholic book last year. How about you? Have you read a book about your religion lately? Now's the time!



Easy Baked Salmon Steaks

4 salmon steaks, about 1/2 lb. each and
1 inch thick
2 tbsp. olive oil
Salt and pepper to taste
Preheat oven to 450 degrees



Thaw salmon steaks and rinse with cold water and pat dry.

Brush both sides of the steaks with the olive oil and sprinkle with salt and pepper (can substitute Creole or other seasoning if preferred)

Arrange the steaks in a baking dish in a single layer, cover with foil and put in the oven. Bake for 20 minutes. Salmon should be a pale pink color when done.

Light Rye Bread

¼ cup honey
¼ cup light molasses
2 tsp. salt
2 tbsp. butter
2 tbsp. caraway seed
1 cup boiling water
2 packages active dry yeast
¾ cup warm water (105 to 115 degrees)
1 cup rye flour
4 ½ - 5 cups all-purpose flour



Place honey, molasses, salt, butter, caraway seed, and boiling water in small bowl. Stir until honey dissolves. Cool to lukewarm.

Dissolve yeast in warm water. Add lukewarm honey mixture, rye flour, and 1 cup all-purpose flour. Mix well, scrape bowl if necessary.

Add remaining all-purpose flour, ½ cup at a time, and mix until dough holds shape and no longer clings to the side of the bowl.

Place dough in greased bowl, turning to grease top. Cover. Let rise in warm place about 1 hour or until doubled in bulk.

Punch dough down and divide in half. Shape each half into a round loaf. Place on two greased baking sheets and cover. Let rise in warm place for 45 to 60 minutes or until doubled in bulk.

Bake at 350 degrees for 30 to 45 minutes. If tops brown too quickly, cover loaves with foil for the last 15 minutes. Remove from baking sheets immediately and cool on wire racks.

KNIGHTS KORNER



The Knights of Columbus Council at St. Mary – Holy Cross has been around for just over 2 years. In that time, we have provided \$3,910 to financially support the following activities, groups, and organizations:

St. Mary – Holy Cross

Sound System Equipment for St. Mary's
Holy Cross Cemetery
Catholic Youth Camp
Diocesan Annual Appeal
Thank You Meal to catechists
Pampered Chef Stock the Kitchen event
Parish-wide meals hosted: Advent Chili Supper —
Tailgate — Donuts — Wine and Cheese

Local Community:

Huxley and Maxwell Food Pantries
St. Joseph Emergency Family Shelter
Slumberland Bed Delivery
John Paul II Medical Research Institute
Informed Choices of Ames
People with Intellectual Disabilities, including
Candeo, On with Life, ARC of Story County,
GiGi's Playhouse and Childserve

State of Iowa Knights of Columbus Funds
Culture of Life Funds — Vocations Funds

We are excited for the upcoming Lenten season and our largest fundraisers of the year – our Fish Fries. If you are interested in witnessing how much fun it is to 'work' at the Fish Fry, we welcome anyone to join in – no Knights of Columbus membership required! You can contact Jon Hand, jon79hand@gmail.com or 515-460-0050.

ENJOYING BAKE SALE AND MINISTRY FAIR



LOL



A priest and pastor from the local parishes are standing by the side of the road holding up a sign that reads, "The End is Near! Turn yourself around now before it's too late!" They planned to hold up the sign to each passing car.

"Leave us alone you religious nuts!" yelled the first driver as he sped by. From around the curve they heard screeching tires and a big splash.

"Do you think," said one clergy to the other, "we should just put up a sign that says 'Bridge Out' instead?"

MUSIC NOTES



Celeste Muehlenthaler
celestemu@msn.com or
515-577-9394

Thanks to all the musicians and singers who participated in the Christmas Masses. Your contributions added beautifully to our Christmas celebration.

Saturday, March 1, at 5pm the kids will assist with ministries at Mass. If there are children in grades 1 through 6 who'd like to sing with us, contact Celeste.

We'll begin practice for the Easter Vigil on March 25th at 7PM. If anyone would be willing to sing or play an instrument, you are MOST WELCOME!! Just contact Celeste for more information.





BIBLE TRIVIA ANSWER:

The Ten Commandments are found in Exodus and Deuteronomy—two of the five books of Moses.



SUCCESS!

These kids helped with the Religious Education bake sale held on February 15 and 16. \$581 was raised for the Nigerian Seminary. Thanks to all who donated baked good and to all who purchased the delicious goodies!



MEET the McClain Family



Garrett and Tammi's faces probably look familiar to most of you. They have been very active at SMHC since becoming members in 1998. Garrett is currently serving on the Pastoral Council and is a member of the Knights of Columbus. He can also be seen many Sundays as a Eucharistic Minister or Announcer. Tammi is Co-Director of Religious Education for the preschool through 6th grade program and also started the Children's Liturgy of the Word that is shared every other Sunday at 10AM Mass.

Both Garrett and Tammi are from Iowa, although Tammi says her family moved many times growing up due to her dad's military service. They now make their home in Alleman, with their two children, Allison (8th grade) and Jackson (6th grade). Sharing space in the McClain house are dogs, Lily and Jake, and a rabbit, Rocky. Alleman is a perfectly suited location as it is between Tammi's work as a 5th grade teacher at Northeast Elementary in Ankeny, and Garrett's work in the Sales and Marketing Department at Danfoss in Ames.

They are big Iowa State Cyclone fans, having both graduated from there. After graduation, they lived in Texas for a few years, before coming back and settling in Alleman. At that time they were looking for a church to call home and Tammi asked a parent of one of her students, who recommended St. Mary-Holy Cross. A fellow teacher of Tammi's also attended SMHC and invited them to worship, and they've been here ever since!

Tammi was baptized Catholic as an infant, while Garrett went through the RCIA process at SMHC in 1999, when they were expecting their first child. The McClain's enjoy bicycling (they are considering doing a day of RAGBRAI this summer), volleyball, reading, traveling (Florida is one of their favorite destinations), hunting for deer and pheasant (that's mainly Garrett's hobby) and hiking.

MEET OUR NEW MEMBERS



Staci Wenthold came from Dyersville and settled in Elkhart because she likes the small town feeling.

Staci works at Wells Fargo in Des Moines, but her interests are mostly outdoor: fishing and gardening, and canning what she grows. Staci is engaged to Casey Klostermann. They are to be married in September in Delhi, Iowa.

Brian and Marie Shipley moved to Elkhart with their three young sons, Hudson, Peyton, and Dawson, early last year. Marie is a second grade teacher in Ames and Brian is a conductor for Union Pacific. Both enjoy running, watching Iowa State sports, and spending time with family. In addition, Brian is involved with the Elkhart City Council. Hudson (7) and Peyton (5) attend North Polk Elementary and love wrestling, baseball, and playing with their Legos. Dawson (1) likes watching his older brothers and any type of ballgame. The older boys are enrolled in our RE Program.



YOU ARE INVITED!!!

Join us for our Welcome Brunch to meet and greet our newest Parish Family members. This is an occasion to enjoy fellowship (and delicious food) with those you may have seen around but don't yet know.

Sunday, May 4th after 10AM Mass.

CONGRATS!

Winners of \$25 gift cards at the Ministry Fair were Melanie Stoner, Karla Seeman, Rylie Anderson, Karen Stafford, Nora Aschoff and Alex Miller.

Each received a gift card to Casey's, Fareway Grocery Stores, or Orchestrate Hospitality Restaurants.



MINISTRY FAIR

