



God's Encircling Love: a prayer experience of Ignatian Spirituality

*Are you looking for an opportunity to deepen your prayer life and get to know God better? A new prayer group is forming using the book *Love, A Guide for Prayer* by Jacqueline Bergan & Marie Schwan.*

This book draws from the Spiritual Exercises of St. Ignatius of Loyola to help us satisfy the deep hunger and thirst we have to know & love God.

Those interested must be willing to commit to assigned daily prayer and a weekly group-sharing meeting beginning Thursday, September 16, 2010, 9am to 11am at St Francis of Assisi Parish in West Des Moines, for 7 weeks.

The cost is \$30, which includes a copy of the book. Contact Sue Oehlerking at 401-2601 or soking715@yahoo.com or Amy Hoover at 975-0035 or akhoover@mchsi.com for more information. Group size is limited.



Sue Oehlerking is a Spiritual Director trained by the Des Moines Diocese Formation for Leadership program and Creighton University with a Masters in Christian Spirituality and a certificate in Spiritual Direction and Retreats. She has been involved with the Ignatian Spirituality Center of KC, MO since 2006 guiding individuals in making the Spiritual Exercises of Ignatius in both a group and individual format. She was on staff at Souljourners, an ecumenical Spiritual Director training program in Atchison, KS, until her return to Iowa. She currently guides others in making the Exercises and in using Ignatian prayer to deepen their prayer experiences. Sue and her husband now reside in Clive. Much of their free time is spent on their farms and visiting their two grown sons and the extended family.

Amy is recently graduated with a Master's Degree in Christian Spirituality and a certificate in Spiritual Direction and Retreats from Creighton University. She is a Spiritual Director and Retreat Director in the Des Moines area and at the Creighton University Retreat Center. She is a trained teacher of the Called and Gifted Workshop presented by the Catherine of Siena Institute. Most recently she served her parish as director of Adult Faith Formation. She is married with two college age children. Her other interests include: art in prayer, dream work, and Jungian psychology.



*Lord, my God, when your love spilled over into
creation, you thought of me*