



## The Concluding Rites

**“Behold, the virgin shall conceive and bear a son,  
and they shall name him Emmanuel, which  
means ‘God is with us.’”** Luke 1:23

### Fourth Sunday in Advent

This part of Mass doesn't last much longer than 45 seconds on most days. Yet these relatively terse sentences that comprise the concluding rites of the Mass contain our mission and transition from the house of God, which we entered with joyful hearts, to receive the Word of God

made flesh—in scripture, sacrament, and to experience the Word of God in the whole assembly. From the new translation:

Presiding Minister  
**The Lord be with you.**

Assembly  
**And with your spirit.**

The presiding minister blesses the people, saying:  
**May almighty God bless you:  
the Father, and the Son, and the Holy Spirit.**

The assembly replies:  
**Amen.**

On certain occasions or on more solemn feast days another blessing may be used. Then the deacon says one of the four new options for dismissal:

**Go in peace, glorifying the Lord by your life.**

The people reply:  
**Thanks be to God.**

**Taking Leave, Becoming Leaven** The 33 Chilean miners who were trapped underground for more than two months could tell us much about searching for light in dark places. About transformation. About companionship. About being there for someone in a dark hour. About needing someone to be there for them. Here in the northern hemisphere, during Advent season, our days grow shorter and the nights grow longer and colder, and we become more aware of those who need warmth, light, and companionship. Each time we leave the celebration of the Eucharist, may we truly be mindful of Emmanuel who comes to us and who dwells in us. Christ is the leavening in our eucharistic bread. Nourishing us with his entire self—his own body and blood, soul and divinity, he sends us forth to help this beautiful but broken world rise with the new life he has given to us. To be light in someone's dark hour. To transform some aspect of our world using our God-given skills and desires. To walk with someone. To seek help when we are in need. To be the presence of Jesus, Emmanuel, “God is with us”, as we have received in the Eucharist.

Though some of the words in our liturgy will change next Advent season, and though that change may at times be challenging, the Mass (the word itself means “sent”) remains the same. Our mission remains the same. The Spirit blesses and sends us out the church doors to help this world, with all its joy and brokenness, to rise again in Christ. We have been transformed by Christ, but in so doing we also become ever more aware of our great need for God. We are sent forth only to be Spirit-led back to this assembly tomorrow or next week to rejoice in God's great love and mercy, and the Holy Spirit's presence and action moving through and in our lives.

100  
YEARS



1911 - 2011

Join the entire English-speaking world during the Diocese of Des Moines' Centennial Year in a **renewal** of our celebration of the Eucharist, in preparation for the Third Edition of the Roman Missal.

Here, you'll find **events** and **resources** to assist you!

**Questions?** Contact Kyle Lechtenberg, diocesan Director of Worship, at 515.237.5046 or [worship@dmdiocese.org](mailto:worship@dmdiocese.org).

### Wednesday, April 27, 2011

10:00 AM-3:00 PM—St. Patrick Parish, Neola  
*Workshop for priests*

7:00-8:30 PM—Queen of the Apostles Parish, Council Bluffs  
"Understanding the New Texts," Open to the public

### Thursday, April 28, 2011

8:30 AM-3:30 PM—Ss. Peter and Paul Parish, Atlantic  
*Pastoral Study Day: an education and strategy session for all priests and pastoral staff or liturgical leadership.*

6:30-8:00 PM—St. Michael Parish, Harlan  
"Understanding the New Texts", Open to the public

7:00-8:30 PM—Sacred Heart Parish, West Des Moines  
"Understanding the New Texts", Open to the public

### Friday, April 29, 2011

10:00 AM-3:00 PM—Holy Spirit Parish, Creston  
*Workshop for priests*

10:00 AM-3:00 PM—St. Boniface Parish, Waukee  
*Workshop for priests*

6:00-8:30 PM—Ss. Peter and Paul Parish, Atlantic  
*Workshop for Deacon Community & Commission for Worship*

### Saturday, April 30, 2011

9:30 AM-2:30 PM—All Saints Parish, Stuart  
*Diocesan Music Ministry workshop. Open to the public*

Welcoming the  
**ROMAN  
MISSAL**  
THIRD EDITION  
*Deepen. Nurture. Celebrate.*

DIocese OF DES MOINES

**Easter Octave  
Formation Days  
April 27-30, 2011**

**Fr. Jan Michael  
Joncas**

and

**Fr. Paul Turner,  
presenters**



## RESOURCES FOR ROMAN MISSAL FORMATION

online

[www.dmdiocese.org/worship](http://www.dmdiocese.org/worship)

[www.usccb.org/romanmissal](http://www.usccb.org/romanmissal)

[www.npm.org](http://www.npm.org)

[www.becomeonebodyonespiritinchrist.org](http://www.becomeonebodyonespiritinchrist.org)

[www.revisedromanmissal.org](http://www.revisedromanmissal.org)

[www.singthenewmass.com](http://www.singthenewmass.com)

[www.giamusic.com](http://www.giamusic.com)

[www.ocp.org](http://www.ocp.org)

## print

*With One Voice: Translation and Implementation of the Roman Missal*, by Bishop Gerald Kicanas, Rev. John Foster, Rev. Mark Francis and Rev. Paul Turner. Published by the Federation of Diocesan Liturgical Commissions, \$12.95. Visit [www.fdlc.org](http://www.fdlc.org) to order.

*Parish Guide to Implementing the Roman Missal, Third Edition*, by the US Conference of Catholic Bishops Secretariat for Divine Worship. \$9.95. Visit [www.usccbpublishing.org](http://www.usccbpublishing.org) to order.

## dvd - rom

*Become One Body One Spirit in Christ: Deepening Our Understanding of the Eucharist in Our Lives*: Multi-media resource by the International Commission on English in the Liturgy, \$19.95. Visit [www.usccbpublishing.org](http://www.usccbpublishing.org) to order.